














































































LUNCH MENU

| | |
|---|---|
| VEGAN  | ECO  |
| GLUTEN FREE  | HALAL  |

Help yourself to our self service salad bar.

Gluten free versions of certain meals are available. Please speak to a member of staff in the morning to discuss the options.

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|--|--|
| WEEK 2 | | | | | |
| MID MORNING BREAK | Our break time menu offers different daily items which includes; cheese and bacon flatbreads, sausage rolls, toast (ve), pizza slices(v), beanies(v), porridge(gf/v), teacakes(ve/v), cereal(v) and a fresh fruit(ve/v/h/gf) and yoghurt bar. | | | | |
| HOT COUNTER | Salmon and Pea Pasta Oven roasted salmon in a creamy cheese sauce scattered with peas. Served with broccoli | Chicken Balti Spicy balti sauce made with onions, garlic and chilli packed with shredded chicken. Served with wholegrain rice, sweetcorn and a garlic and herb chota naan | Squash and Coconut Curry Traybake Tender pieces of butternut squash roasted in the oven with basmati rice and green beans | Cheese and Tomato Pizza A thick slab of pizza with a tangy tomato sauce and a mix of mild and mature cheddar. Served with roasted parmentier potatoes and peas. | Spicy Chicken Burgers A chicken breast burger coated in a fiery batter and baked in the oven. Served with chips and corn on the cobb. |
| |     |     |     |     |     |
| | Sheet-Pan Quesadillas Flour tortillas filled with mexican spiced beans and corn then scattered with cheese and baked in the oven. Served with buttered cajun spiced corn. | Chickpea and Spinach Balti Chickpeas and vegetables in a spicy balti sauce served with wholegrain rice, sweetcorn and a garlic and herb chota naan | Lentil Bolognese Lentils and vegetables in a tangy, smoky bolognese sauce served with spaghetti and green beans | BBQ Chicken Pizza A thick slab of pizza topped with a tangy tomato sauce and a spicy diced chicken. Served with roasted parmentier potatoes and peas. | Onion Bhaji Flatbread An onion bhaji patty in a folded flatbread topped with mint yoghurt and herbs. Served with chips and corn on the cobb. |
| |     |     |     |     |     |
| EVERY DAY Jacket potato served with margarine, one topping and self service salad | | | Beans     | Cheese     | Tuna     |
| EVERY DAY Hot marinated chicken served on a tortilla wrap | | | Tandoori Chicken     | Piri Chicken     | |
| HOT GRAB AND GO | Grilled Chicken Burger  | Grilled Chicken Burger  | Grilled Chicken Burger  | Grilled Chicken Burger  | Grilled Chicken Burger  |
| | Ham and Cheese Panini  | Spicy Chicken Panini  | Tuna Melt Panini  | Bacon and Cheese Panini  | BBQ Chicken Panini  |
| | Doner Meat Pitta  | Doner Meat Pitta  | Doner Meat Pitta  | Doner Meat Pitta  | Doner Meat Pitta  |
| PUDDING OF THE DAY | Chocolate Sponge Cake | Vanilla Ice-Cream Pot | Lemon Drizzle Sponge | Apple Flapjack | Assorted Muffins |
| Please be aware that although every effort has been made by our team, any of the foods may have come in contact with celery, gluten, crustaceans, eggs, fish, lupin, milk, moluscs, mustard, nuts, peanuts, sesame seeds, soya, sulphates in the production process. | | | | | |