

## **LUNCH MENU**

VEGAN ECO ECO ECO ELUTEN FREE HALAL MA

Help yourself to our self service salad bar. Gluten free versions of certain meals are available. Please speak to a member of staff in the morning to discuss the options.

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	MONDAY		TUESDAY		WEDNESDA	Y	THUR	SDAY	FRIDA	Y
				Z	WEEK 1					
MID MORNING BREAK	Our break time menu offers different daily items which includes; cheese and bacon flatbreads, sausage rolls, toast (ve), pizza slices(v), beanies(v), porridge(gf/v), teacakes(ve/v), cereal(v) and a fresh fruit(ve/v/h/gf) and yoghurt bar.									
HOT COUNTER	Margherita Risotto Oven-baked margherita inspired risotto with roasted baby plum tomatoes and pesto drizzle. Served with garlic bread and peas.		Butter Chicken Curry Shredded chicken, in a buttery curry sauce served with wholegrain rice, sweetcorn and a garlic and herb chota naan.		Creamy Vegan Cajun Pasta Penne pasta in a creamy cajun sauce with chickpeas and peppers Served with garlic and chilli green beans.		Cheese and Tomato Pizza A thick slab of pizza with a tangy tomato sauce with a mix of mature and mild cheddar, served with roasted parmentier potatoes and peas.		Spicy Chicken Burgers A chicken breast burger coated in a firey batter and baked in the oven served with chips and corn on the cobb.	
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	Louisiana Style Chorizo Rice Southern rice packed with chorizo, peppers and peas. Served with chilli charred broccoli.		Chickpea and Lentil Dahl Chickpeas and lentils simmered in a spicy coconut curry sauce finished with spinach. Served with wholegrain rice, sweetcorn and a garlic and herb chota naan		Mac'n'Cheese  Maccaroni pasta in a creamy butternut squash sauce topped with a crispy sage crumb.  Served with peas.		Pepperoni Pizza A thick slab of pizza with a tangy tomato sauce base, topped with a mix of mild and mature cheddar and pepperoni slices. Served with roasted potatoes and peas.		and herbs. Served with chips and	
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EVERY DAY  Jacket potato served with margarine, one topping and self service salad					Beans		Che	eese	Tuna  Jyla (**)	
<b>EVERY DAY</b> Hot marinated chicken served on a tortilla wrap							Tandoori	Chicken	Piri Chick	ten
							حلال		حلال	
HOT GRAB AND GO	Grilled Chicken Burger	حلال	Grilled Chicken Burger	حلال	Grilled Chicken Burger	حلال	Grilled Chicken	Burger Jy	Grilled Chicken Bur	eger کال
	Ham and Cheese Panini		Spicy Chicken Panini	حلال	Tuna Melt Panini	حلال	Bacon and Chees	e Panini	BBQ Chicken Pani	ai حالال
	Doner Meat Pitta	K	Doner Meat Pitta	حلال	Doner Meat Pitta	حلال	Doner Meat l	Pitta Jyla	Doner Meat Pitta	حلال
PUDDING OF THE DAY	Chocolate Bread and Butter Pudding		Vanilla Ice-Cream Pot		Jam Sponge		Apple Flapjack		Assorted Muffins	
Please be aware	e that although every ef		•		the foods may have comme seeds, soya, sulphates		•	_	eans, eggs, fish, lupi	n, milk,