## The Link Academy

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Principal: Emma Edwards-Morgan



Covid/lge outbreak/RC/lw 22 September 2021

Dear Parent/Carer

We would like to inform you of an outbreak of COVID-19 at The Link Academy in 7KS.

Education and childcare settings are no longer required to conduct routine contact tracing. As with positive cases in any other setting, NHS Test and Trace will work with either the positive case – or in the case of children – the parents, carers or guardian of the positive case to identify close contacts.

However, due to the number of cases in 7KS, Dudley Council Public Health are advising your child arranges a PCR test, even if they do not have symptoms. This is to help identify any further transmission in these classes. Your child will not be required to isolate, whilst waiting for their results, unless they are displaying symptoms. Please note if your child has tested positive within the last 90 days do not get them tested, unless they have symptoms.

To book a PCR test visit <a href="https://www.nhs.uk/ask-for-a-coronavirus-test">https://www.nhs.uk/ask-for-a-coronavirus-test</a> and tick "I've been told to get a test by my local council, health protection team or healthcare professional" or call 119. Full guidance on how to book a PCR test online is attached to this letter.

Furthermore, households of nursery, school and college aged children are strongly encouraged to take part in twice-weekly lateral flow testing. This is because 1 in 3 people have coronavirus without displaying symptoms. If all families participate, it gives us the best chance of keeping our school safe and avoiding further transmission. For information on how to access lateral flow test kits visit <a href="www.gov.uk/order-coronavirus-rapid-lateral-flow-tests">www.gov.uk/order-coronavirus-rapid-lateral-flow-tests</a>

#### What to do if your child develops symptoms of coronavirus (COVID 19)

If your child develops symptoms of coronavirus (COVID-19), they should isolate immediately and arrange a test via <a href="https://www.nhs.uk/ask-for-a-coronavirus-test or by calling 119">https://www.nhs.uk/ask-for-a-coronavirus-test or by calling 119</a>. The rules on <a href="mailto:self-isolation have changed">self-isolation have changed</a>.

Close contacts of a positive case (including households) no longer need to self-isolate if they are:

- fully vaccinated
- o are under the age of 18 and 6 months
- o can't have the vaccination for medical reasons
- o or have taken part in or are currently part of an approved COVID-19 vaccine trial

Any household members that are over 18 and 6 months and are not fully vaccinated will need to isolate. The main symptoms of coronavirus (COVID-19) are a new, continuous cough, or a high temperature, or a loss of, or change in, their normal sense of taste or smell (anosmia).





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In addition to the above main Covid-19 symptoms, if your child develops any of the following symptoms, it is also recommended they arrange a PCR test: *loss of appetite, sore throat, extreme tiredness, sneezing, headache, diarrhoea, joint or muscle ache, vomiting, nausea, rash, runny nose or congestion.* This is because these other symptoms have also been linked to Covid-19 infection. Individuals with any of these other symptoms (apart from diarrhoea and vomiting) can carry on attending their setting if they are well enough to do so. For more information please visit www.dudley.gov.uk/coronavirustesting

### For most people, coronavirus (COVID-19) will be a mild illness

If your child does develop symptoms, you can seek advice from the nhs.uk website at <a href="https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/">https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/</a>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <a href="https://111.nhs.uk/">https://111.nhs.uk/</a> or by phoning 111.

#### **Further Information**

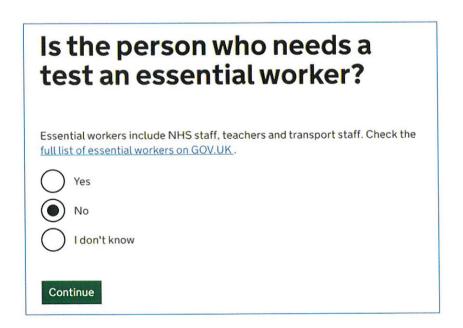
Further information is available at <a href="https://www.nhs.uk/conditions/coronavirus-covid-19/">https://www.nhs.uk/conditions/coronavirus-covid-19/</a>

Yours sincerely

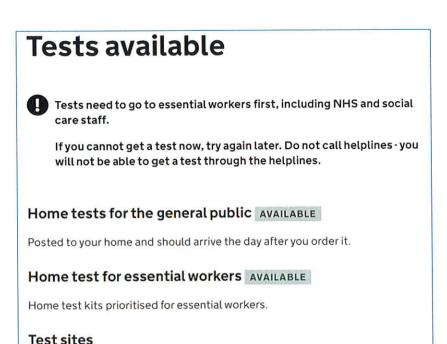
Mrs Emma Edwards-Morgan Principal

#### How to book a PCR test online if you do not have symptoms

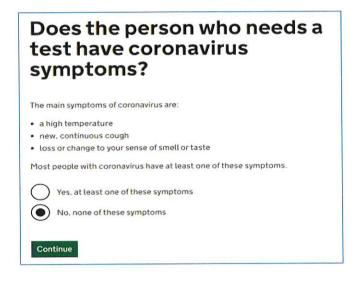
- 1. Visit this website: <a href="https://www.gov.uk/get-coronavirus-test">https://www.gov.uk/get-coronavirus-test</a> and choose 'Start now' near the bottom of the page
- 2. Select: "No" the person is not an essential worker



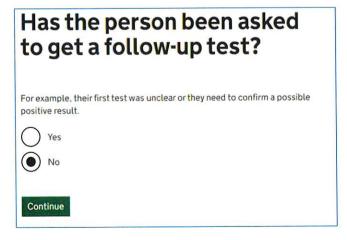
3. Click "Continue" at the bottom of this page



4. Select: "o, none of these symptoms"



5. Select: "No" you have not been asked to get a follow-up test



6. Select: "No" you are not part of a trial

Is the person who needs a test part of a trial or government pilot project?
For example, they:  • are attending an event that is part of the Events Research Programme  • were told to get a test by the COVID Symptom Study app (by ZOE)  • are taking a test before a dental procedure (Dental Patient Testing)  Yes  No
Continue

7. Select: "I've been told to get a test by my local council, health protection team or healthcare professional"

# Why are you asking for a test?

If you are getting a test for someone you live with, answer for them			
$\bigcirc$	I've been in contact with someone who's tested positive for coronavirus		
$\bigcirc$	I was asked to get a test because I visited a venue where others have since tested positive		
$\bigcirc$	I've been told to get a test by my nursery, work or place of education		
•	I've been told to get a test by my local council, health protection team or healthcare professional		
	0	My local council or health protection team has asked me to get a test, even though I do not have symptoms	
	$\bigcirc$	A GP or other healthcare professional has asked me to get a test	

8. Complete the rest of the form with details.

If you order a home test kit make sure you post this into a priority post-box to return it. You can find where they are located at <a href="https://www.royalmail.com/priority-postboxes">https://www.royalmail.com/priority-postboxes</a>