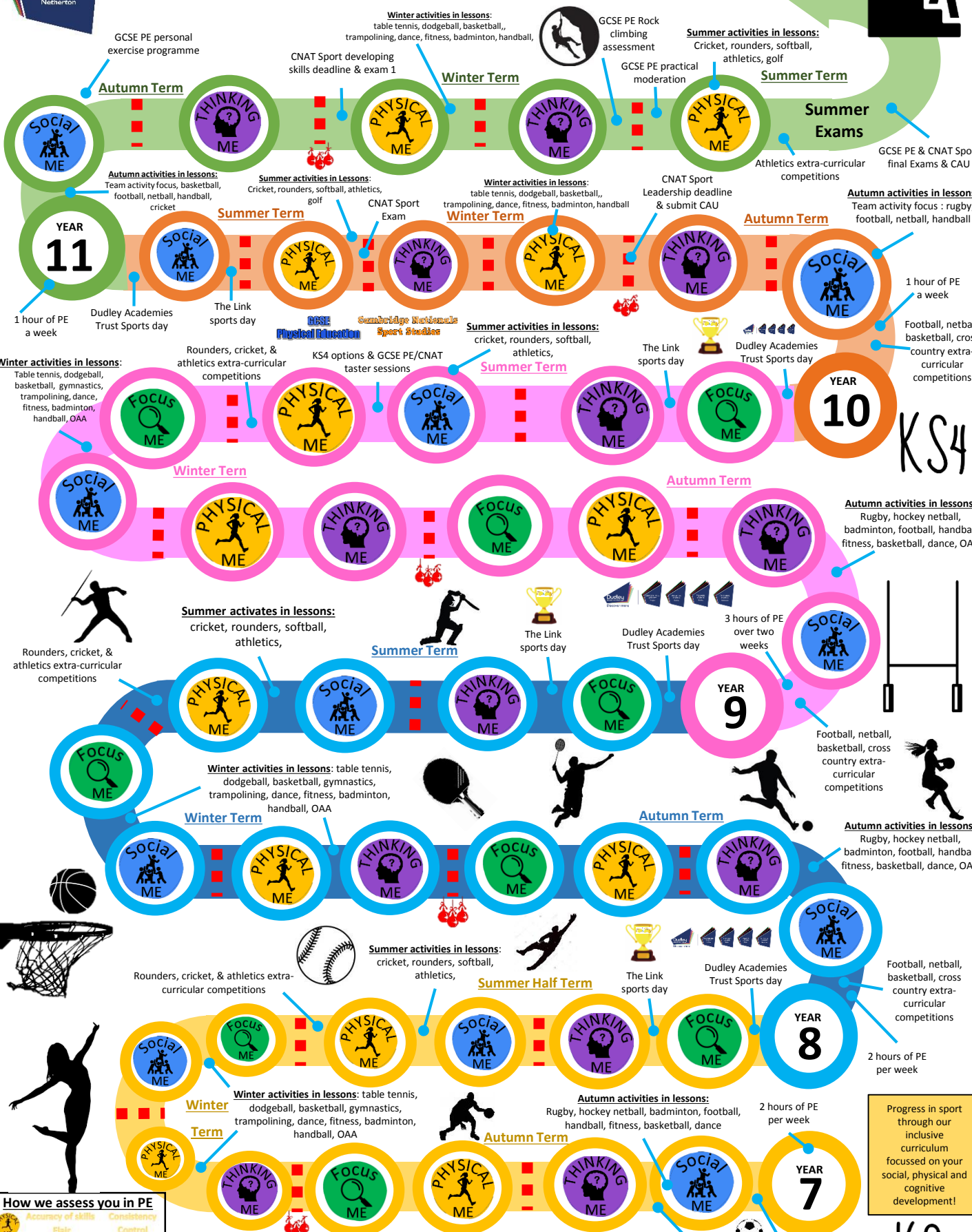


# PE CURRICULUM MAP

"Commitment Creates Opportunity"



**How we assess you in PE**

Accuracy of skills	Consistency
Flair	Control
Problem solving	Decision making
Reflectiveness	Tactics & strategies
Collaboration	Resilience
Self motivation	Leadership
Focus to Improve 1'ME'	

**Core PE Overview over 5 years**

Year 7	Year 8	Year 9	Year 10	Year 11
Basic control, gaining experience within different roles & activities	Increase skill level and technical progression, develop attacking/defending strategies & choreographic techniques	Improving individual gameplay and techniques, develop different styles of performance	Implementing and refining more advanced team play, applying strategies to different situations.	Application of skills & roles within competitive structures. The importance of a healthy active lifestyle is a focus

Progress in sport through our inclusive curriculum focussed on your social, physical and cognitive development!

KS3

Half Term